



It takes around 20 minutes to walk a mile



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Our School Values and Aims

Our School Travel Plan supports our ambition to increase the number of families travelling to school by means other than by car, and to respect the environment as well as our neighbours. Travelling sustainably together, gives our children a strong sense of belonging to the local community. Our pupils show both perseverance and resilience, walking, cycling or scooting in all weathers on their healthy journeys to and from school. We aim to encourage our children to adopt good travel habits for life as well as creating a safer environment for all.

Why walk to school?

Walking is a great way to get to school. You get plenty of fresh air and time to talk to your family. May be you could arrange to meet up with other families and walk with your friends? Walking can be good to gather your thoughts and get you ready for the start of the day, or let off steam at the end. Remember, if you're walking, you're exercising, which is good news for your health, and don't forget that walking is also good for the environment and helps reduce congestion and pollution.

"I cycle to school because it keeps my body healthy and strong

It's fun to ride my scooter to school

Footsteps

Footsteps is a road safety training programme for young children, which develops awareness of roads and helps them live safely with traffic. Children are taken into the local area with a trained tutor to observe the traffic and discuss road safety. Parents, grandparents and carers can help us to deliver this training by volunteering to become a tutor. If you are interested in taking part and promoting this initiative, then please hand your name and contact details in at the school office.



Walking is great fun and a good way to build exercise into our daily lives. Twice a year we hold Walk to School Weeks, with a special theme, during which we promote walking and cycling on the school journey. Recent themes have included "Be bright be seen for walking" "Silly socks and specs" and "Bling your bike to school" week. The children really enjoy taking part.

Park and Stride

What if we can't walk to school? If you live too far away, don't have time to walk the whole way or need to continue your journey to work or to another school, have you considered Park and Stride? This is a scheme where parents/carers park a short distance from the school and walk the last part of the journey. You will be getting exercise, as well as reducing congestion and making the roads around school safer at the start and end of the school day. Next time you drive, try to Park and Stride from The Maids Moreton Playing Fields car park or at St Edmund's Church car park, then walk, scoot or cycle the rest of the way to school. You may even find it takes you less time than trying to find somewhere to park near the school gates.

Go for Gold

Most of our children live within walking distance of school and many of them regularly walk, scoot or cycle to and from school. The children not only benefit from fresh air and exercise, but also collect 'Go for Gold' stickers which entitle them to regular rewards. This not only reinforces our keeping healthy and sustainable message, but also helps to alleviate the danger caused by too many cars at the school entrance.

Children who walk from the Park and Stride facilities can also take part in the Go For Gold scheme.

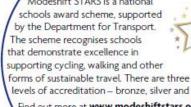
Modeshift STARS

All visitors please

report to the

school office

Modeshift STARS is a national schools award scheme, supported by the Department for Transport. levels of accreditation - bronze, silver and gold.







"I like riding my

scooter to school because

it gives me exercise and

it is good for the

environment"

